Viola, Josta, Alexandra von der Burg born in Furth near Munich, grew up in Taufkirchen near Munich and later in the surroundings of Altötting in Upper Bavaria.

Before her training as an actress she attended the Bavaria Hotel Management School in Altötting, inspired by her father, who spent his vouth in Monte-Carlo and trained at the Hotel de Paris. After graduating from the hotel management school followed an apprenticeship as a men's tailor, which, through a chance acquaintance with a distressed master tailor who had just lost an apprentice. This spontaneous decision then led her to the house of "Max Dietl" Haute Couture in Munich. As a permanent employee she made men's suits to measure by hand. After her master's examination, she was on her way to becoming a costume and stage designer. However, this was only followed by a collaboration with the Salzburg Festival for the production of "Der Schwierige" by Hugo von Hoffmannstal. which Karl Lagerfeld designed.

During this career she continued her ballet/dance training in Munich in the evenings, which she had begun as a child. Her original, suppressed wish to become an actress was finally realised in a three-year training course at the Ruth von Zerboni drama school, which her mother had also attended. At the age of 26, she had already exceeded the admission limit for training at a state drama school. She also received lessons from Regine Lutz, Rudolf Noelte and Thomas Holtzmann.

She has acted and continues to act in numerous theatres and opera houses in Munich and many other cities.

Engagements included the Schauspielhaus Zurich under the directorship of Matthias Hartmann. There she played Mrs.Peachum in the "Threepenny Opera." Under the direction of Elisabeth Schweeger at Schauspiel Frankfurt, she played Solange in "Die Zofen" by Jean Genet, Zettel in "A Midsummer Night's Dream" Judith in "Bluebeard, Hope of Women" by Dea Loher, A in "Cats Have Seven Lives," mainly directed by the French director and actor André Wilms, who is known as the protagonist of many films by Aki Kaurismäki. In Frankfurt she also played Winnie in "Happy Days" by Samuel Beckett directed by the French director Wanda Golonka, the natural historian in "Jest, Satire, Irony" by C.D. Grabbe directed by Anselm Weber, Mrs.Putnam in "Witch Hunt" by Arthur Miller directed by Martin Nimz, Claudia in "Emilia Galotti" by G.E. Lessing directed by Niklaus Helbling and many other roles. A loyal guest at Pocket Opera Nuremberg, she was most recently seen as Pope and Venus in "Tannhäuser" with the legendary Dakh Daughters from Ukrain

and also as Howl with the famous lyrics by Allen Ginsberg in the production of "The Journey of Alessio". At the Munich Chamber Opera she plays Mrs. Umney in "Ghost of Canterville" with music by Gershwin and was also seen there a few years ago as Queen Elisabeth in "Falstaff" by Antonio Salieri. During a three-year engagement at the Bad Hersfeld Festival she played "Don Quixote" by Miguel de Cervantes, which won her the Audience Award in 2014. Other roles included Frau Brigitte in "Der Zerbrochne Krug" by Heinrich von Kleist directed by Holk Freytag, Mama Maffia in "Verführen Sie doch bitte meine Frau" and the Narrator with various roles in the

production of "Krabat" by Ottfried Preußler and many more. In Munich she was seen as Shadow in "The Rakes Progress" by Igor Stravinsky at the Gärtnerplatztheater, and at the Bavarian State Opera as a housemate in "Kanon für geschlossene Gesellschaft" under the direction of the Swiss director Ruedi Häusermann as part of the Munich Opera Festival. Together with Holger Petz, Uli Bauer and Michi Altinger she formed the new ensemble of the "Lach-und Schießgesellschaft" in Munich. At the Metropoltheater Munich, she played Stelzfuß in the play "The Black Rider" by William S. Buroughs until 2018. The Metropoltheater opened with this performance in 1998. The Metropoltheater also hosted the world premiere of her story "Theophanu oder die unsichtbare Hand," which was also invited to the Forum für jüdische Geschichte und Kultur e.V. in Nuremberg. Further roles were Phyllis in "Fette Männer im Rock" by Nicky Silver or Hamlet in "Shake the Speare" and many more. In summer 2021 she could be seen as Mephisto in "Faust" at the Luisenburg Festival in Wunsiedel. She has also appeared in numerous cinema and television films, including as Frau Heinze in "Die Perlmutterfarbe" directed by Marcus H. Rosenmüller, as a conferencier in "Vienna" directed by Peter Gersina, and as a bride in the AIDS commercial "Magic Bus" directed by Emir Kusturica. She has also appeared in many recordings of radio plays and audio books for Bayrischer Rundfunk, WDR Cologne, Funkhaus Baden Baden and many others. Since 2019 she has been part of the new team of the ARD "Radio Tatort" in Munich and plays the chief inspector Frau Markwart. In the radio play "Apokalypse Baby" by Virginie Despentes she embodies the role of Hyena, currently she speaks the narrator in the radio play "Die Nacht war bleich die Lichter blinkten" by Emma Braslavsky.

The radio play "Liberté" in which she plays the role of Vera Atkins, an agent of SOE London, was selected by the German Academy of Performing Arts as Radio Play of the Month for the month of February 2023.